

Date: _____

BROMDAY

Use this drop _____ times a day.

Use this drop in your _____ eye.

Wait 2-5 minutes before using your next eye drop.

Stop drop on _____

BESIVANCE

Use this drop _____ times a day.

Use this drop in your _____ eye.

Wait 2-5 minutes before using your next eye drop.

Stop drop on _____

DUREZOL

Use this drop _____ times a day.

Use this drop in your _____ eye.

Be sure to shake the bottle well before using
and wait 2-5 minutes before using your next eye drop.

Stop Drop on _____

YOU WILL CONTINUE IT AT HOME FOUR TIMES A DAY

**IF YOU FAIL TO GET THIS MEDICATION, YOU WILL NEED TO RECEIVE A STEROID INJECTION
IN YOUR EYE IN ORDER TO CONTROL INFLAMMATION.**

How to Taper Steroid Drop

Use this drop _____ times a day in your _____ eye for _____ days, then

_____ times a day in your _____ eye for _____ days, then

_____ times a day in your _____ eye for _____ days, then

_____ times a days in your _____ eye for _____ days, then stop.

It is *very* important that you follow these instructions for TWO (2) weeks following your surgery:

- Wear the clear plastic eye shield (in your blue surgery bag) at bedtime.
- You may wear regular glasses, sunglasses, or the clear plastic shield during the day.
- Continue using your eye drops as prescribed by lowering the clear plastic eye shield and pulling down on your lower lid.
- Always allow 2 to 5 minutes between your eye drops and do not wipe the drops from your eye.
- NEVER discontinue your eye drops without the doctor's consent.
- Do NOT lie on your operated eye after surgery.
- Do NOT allow water to enter your operated eye. If you need to rinse the eye, use a bottle of sterile eye solution, available at your local pharmacy. You may shower and shampoo as usual as long as you avoid getting shampoo or water in the eye.
- Do NOT bend your head below your waist following surgery.
- Do NOT lift anything heavy or strain yourself for two weeks after surgery.
- Do NOT rub your eyes after your surgery. Keep your hands away from your eyes to avoid placing pressure on your operated eye and to avoid infection.
- Driving may be resumed after your one-day post-op visit as long as you feel comfortable and your vision is good.

If you experience any unusual pain, redness, discharge, or sudden vision loss, notify your physician immediately at (901) 683-4600. Our doctors are available for emergency care 24 hours a day, 7 days a week.