

General Co-Management Protocol

Pre-Operative Care

Pre-Operative Examination

- » History: Spec, VA, MR, CR, BCVA, K's, & 1 year stability
- » Topography
- » External Exam: Lids, Pupils (scotopic size), EOM, CF, Ocular Dominancy
- » Slit Lamp: Pre- and Post-Dilation Including Tear Film Assessment epithelial integrity test and note corneal scars
- » Applanation Tonometry
- » Dilated Fundus Exam

Inclusion Criteria

- » Myopia: -0.50 to -14.00 D (corneal plane)
- » Astigmatism: -0.50 to -3.00 D
- » Hyperopia: +1.00 to +6.00 D
- » Stable Refraction: < 0.50 D change within past 12 months

Exclusion Criteria

- » Active Ocular Disease
- » Pregnancy (including nursing mothers)
- » Monocular Patients
- » Unrealistic Expectations

Soft Lenses: no contacts 30 days before visit

Toric Lenses: no contacts 30 days before visit

Extended Wear: no contacts 30 days before visit

RGP Lenses: no contacts 30-90 days before visit

Corneal Mold Lenses: no contacts 90 days before visit

Post-Operative Care

One Day Examination

- » Manifest Refraction and UCVA
- » Slit Lamp: Loose or Rotated Flap, Interface Opacities or Debris, DLK, Epithelial Cells or Ingrowths, etc. NO IOP.
- » Continue antibiotic and steroid QID (Vigamox Lotemax).
- » Continue wearing eye shield at bedtime.

One Week Examination

- » Same as One Day Exam
- » Manifest Refraction
- » Applanation Tonometry
- » Discontinue antibiotic and steroid if stable.

One Month Examination

- » Same as One Week Exam

Three Month Examination

- » Same as One Month Exam.

Six Month Examination

- » Same as Three Month Exam, *including* dilated fundus exam