

# Refractive Lensectomy



R E F R A C T I V E L E N S E C T O M Y

## Pre-Operative Instructions

Surgery Date & Time: \_\_\_\_\_



**Acular** [Start using on \_\_\_\_\_]

This is a non-steroid drop to decrease inflammation. Use one drop in the operative eye(s) **four times a day beginning four days before surgery.** We recommend scheduling your drops with breakfast, lunch, dinner, and bedtime. Remember to wait five minutes before using your next eye drop. Do NOT discontinue use until instructed by your doctor.



**Zymar** [Start using on \_\_\_\_\_]

This is an antibiotic drop used to prevent infection after surgery. Use one drop in the operative eye(s) **four times a day beginning one day before surgery.** We recommend scheduling your drops with breakfast, lunch, dinner, and bedtime. Remember to wait five minutes before using your next eye drop. Do NOT discontinue use until instructed by your doctor.



**Pred Forte** [Start using on \_\_\_\_\_]

This is a steroid solution used to decrease inflammation and regulate healing. Use one drop in the operative eye(s) **four times a day beginning on the day of surgery.** Remember to shake the bottle gently before each use and to wait five minutes before using another eye drop. Do NOT discontinue use until instructed by your doctor.

**Please note:** You may need to continue to use these drops for more than one week. This will be determined at your one week post-op appointment. The drops may sting a little, but it is imperative that you continue your drops as directed.

## On the Day of Surgery

- Do NOT eat or drink anything after midnight the morning of your surgery.
- You CAN take medication for high blood pressure or heart medication the morning of your surgery with a small sip of water. Only drink enough to get the medicine down.
- Wear comfortable clothes. Do not wear your hair in a ponytail or braid, and do not wear any makeup.
- You must have a responsible adult accompany you on the day of your surgery and for your follow-up appointment the next day.
- Bring your black surgery kit with you to surgery.
- Be sure to have your **Zymar** prescription filled before surgery, and bring the medication with you when you report to the surgery center.

